

Recommended Resource List: Attention Deficit Hyperactivity Disorder (ADHD)

To request a title from the State Library:

- *State government employees* should follow the call number link to the [KDLA Catalog](#) and click on the "Make a Request" tab on the right. Complete the form with your name, library card number, and delivery choice. Then click on "Submit Form." Requests can also be made by calling the State Library's Circulation Desk at (502) 564-8300, ext. 337 or (800) 928-7000, ext. 337. Materials can be delivered by messenger mail in Frankfort or by UPS to field/district offices (return postage included).
- *Public Library staff* should use the OCLC Interlibrary Loan system for audiobook and book requests and the [Public Library Visual Materials/Kit Request](#) form for videos and DVDs.
- *Members of the general public* should contact their local public library for interlibrary loan service.

Books

Adler, Lenard. **Scattered Minds: Hope and Help for Adults with Attention Deficit Hyperactivity Disorder**. New York: G.P. Putnam's Sons, 2006. Call number: [616.8589 Adle](#)

Alexander-Roberts, Colleen. **The AD/HD Parenting Handbook: Practical Advice for Parents from Parents**. 2nd ed. Lanham, MD: Taylor Trade Pub., 2006. Call number: [618.928589 Alex](#)

Brown, Thomas E. **Attention Deficit Disorder: the Unfocused Mind in Children and Adults**. New Haven, CT: Yale University Press, 2005. Call number: [616.8589 Brow](#)

Buttross, L. Susan. **Understanding Attention Deficit Hyperactivity Disorder**. Jackson: University Press of Mississippi, 2007. Call number: [618.928589 Butt](#)

Greenbaum, Judith. **Finding Your Focus**. New York: McGraw-Hill, 2006. Call number: [616.8589 Gree](#)

Hill, Beth Ann. **The AD/HD Book: Answers to Parents' Most Pressing Questions**. New York: Avery, 2005. Call number: [618.928589 Hill](#)

Pinsky, Susan C. **Organizing Solutions for People with Attention Deficit Disorder: Tips and Tools to Help You Take Charge of Your Life and Get Organized**. Gloucester, MA: Fair Winds Press, 2006. Call number: [616.8589 Pins](#)

Solden, Sari. **Women with Attention Deficit Disorder: Embrace Your Differences and Transform Your Life.** Nevada City, CA: Underwood Books, 2005. 2nd ed.--rev. Call number: 616.8589 Sold

Zeigler, Chris A. **Teenagers with ADD and ADHD: a Guide for Parents and Professionals.** 2nd ed. Bethesda, MD: Woodbine House, 2006. Call number: 618.928589 Zeig

Videos

ADHD & LD: Powerful Teaching Strategies and Accommodations. 52 min. Educational Resource Specialists, 2004. Video. Call number: VC 371.94 ADHD

Attention Deficit Disorder in the 21st Century. 100 min. Campbell, 2001. 2 Videos. Call number: VC 618.928589 Hall

Odd Kid Out: Living with Attention Deficit Disorder. 52 min. Aquarius Health Care Videos, 2004. DVD. Call number: VC DV 618.928589 Odd

Websites

<http://www.additudemag.com/additude.asp>

ADDitude: The Happy, Healthy Lifestyle Magazine for People with ADD. The magazine is available through subscription: however, single articles are available through Interlibrary Loan services. Other website features include an e-newsletter, feature articles, and information on medications. Last accessed on September 22, 2008.

<http://www.nimh.nih.gov/healthinformation/adhdmnu.cfm>

Attention Deficit Hyperactivity Disorder from the National Institute of Mental Health offers a brief overview of the symptoms, treatments, research findings, and links to other agency publications on ADHD. Last accessed on September 22, 2008.

<http://www.nlm.nih.gov/medlineplus/attentiondeficithyperactivitydisorder.html>

Medline Plus Health Information: Attention Deficit Disorder with Hyperactivity is a service of the National Library of Medicine providing information and links to consumer health information from the National Library of Medicine and other selected sites. Some in Spanish. Last accessed on September 22, 2008.

<http://kidshealth.org/parent/>

KidsHealth! sponsored by the Nemours Foundation, provides accurate, up-to-date, and jargon-free health information including age-appropriate pages for parents, children, and teens. Last accessed on September 22, 2008.

Organizations

<http://www.add.org/index.html>

The **Attention Deficit Disorder Association** (ADDA) provides information, resources and networking opportunities to help adults with Attention Deficit/Hyperactivity Disorder. Last accessed on September 22, 2008.

<http://www.chadd.org>

The **Children and Adults with Attention-Deficit/Hyperactivity Disorder** (CHADD) organization works to improve the lives of people affected by ADHD through collaborative leadership, advocacy, research, and education and support. Last accessed on September 22, 2008.